**Macquarie University**

**SUPPORT SERVICES**

**Instructions**

This instrument is designed to gauge your awareness of the various support services available at MQ University. Please read each statement carefully and indicate your level of awareness using the following scale:

1 = Never heard of it

2 = Heard/read it somewhere

3 = Have an idea of what the service is

4 = Know what the service is

5 = Have used (or regularly use) the service

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| **Writing and Academic Skills Support** | |
| 1. [The Writing Centre’s Workshops](https://students.mq.edu.au/support/study/writing/workshops) on    1. Taking Better Notes: \_\_\_\_\_    2. Getting Started with Academic Writing: \_\_\_\_\_    3. Reading Effectively and Critically: \_\_\_\_\_    4. Building an Argument: \_\_\_\_\_    5. Writing Critically: \_\_\_\_\_    6. Reflective Writing: \_\_\_\_\_    7. Paraphrasing Effectively: \_\_\_\_\_    8. Avoiding Common Plagiarism Errors: \_\_\_\_\_    9. Selecting and Evaluating Academic Sources: \_\_\_\_\_    10. Literature Review: \_\_\_\_\_    11. Writing Psychology Report: \_\_\_\_\_    12. Constructing Effective Paragraphs: \_\_\_\_\_    13. Writing with Clarity: \_\_\_\_\_    14. Examination Preparation: \_\_\_\_\_ 2. [StudyWISE](https://ilearn.mq.edu.au/course/view.php?id=16580): \_\_\_\_\_ 3. [Writewise](https://students.mq.edu.au/support/study/writing/writewise) (Peer Writing Support): \_\_\_\_\_ 4. [1:1 Consultation with a Learning Advisor](https://students.mq.edu.au/support/study/writing/consultations): \_\_\_\_\_ 5. Drop-in at Learning Connect (18 Wally’s Walk) | | | |
| **Maths and Stats Support** | |
| [The Numeracy Centre](https://students.mq.edu.au/support/study/numeracy) \_\_\_\_\_  [The Drop-In Centre for First-Year Math and Stats Help:](https://students.mq.edu.au/support/study/numeracy/timetables) \_\_\_\_\_  [Math and Statistics Workshops:](https://students.mq.edu.au/support/study/numeracy/workshops) \_\_\_\_\_ | | |
| **Peer Mentoring Support** | |
| [Peer Assisted Study Sessions (PASS):](https://students.mq.edu.au/support/study/peer-support/PASS) \_\_\_\_\_ | | |
| **Library and Research Support** | |
| [Online Live Chat with a Librarian](https://www.mq.edu.au/about/facilities/library/about-us/contact-us): \_\_\_\_\_  [Consultations with a Faculty Librarian](https://www.mq.edu.au/about/facilities/library/research-support/faculty-librarians): \_\_\_\_\_ | | |
| **Mental Health Support** | |
| [Online Mental Health Resources:](https://students.mq.edu.au/support/personal/wellbeing/online-wellbeing) \_\_\_\_\_  [MQ Wellbeing App: \_\_\_\_\_](https://students.mq.edu.au/support/personal/wellbeing/online-wellbeing/wellbeing-app)  [1:1 Consultations with a Trained Counsellor:](https://students.mq.edu.au/support/personal/counselling) \_\_\_\_\_ | | |
| **Career Services** | |
| [Workshops on Career-Related Topics:](https://students.mq.edu.au/careers/workshops-and-events) \_\_\_\_\_  [Online Career Resources:](https://students.mq.edu.au/careers/online-tools) \_\_\_\_\_ | | |
| **MAKE A PLAN!**  Identify 2 or 3 services that will be most relevant to you this session and plan to engage with them. Add dates and times to your calendar to make sure you don’t forget! 📆   |  | | --- | |  | |
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